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2019-2020 School Year

- Session One April 29, 2020
 - Welcome & Introductions Amanda Charlesworth, USBE-YIC Program Specialist
 - Mindfulness in Crisis Anna Smyth, M.S., Mindfulness Utah-Managing Director
 - Why Mentoring is Important Nic Shellabarger, USBE-YIC Educational Specialist
 - Calm in the Chaos Ann Jones, Granite School District-YIC Mentor Coordinator
- Session Two May 13, 2020
 - Welcome, Mindfulness Moment and Introductions Amanda Charlesworth, USBE-YIC Program Specialist
 - Trauma Informed Interactions: Tools to Use with Students Tanya Albornoz, USBE-Prevention Specialist
 - Motivational Interviewing Clarissa Stebbing, USBE-Prevention Specialist
- Session Three May 27, 2020
 - Welcome, Mindfulness Moment and Introductions Amanda Charlesworth, USBE-YIC Program Specialist
 - o SMART Goals Trina Cotterman, Granite School District-YIC Mentor
 - Suicide Prevention Cathy Davis, USBE-Prevention Specialist
 - Human Trafficking: Awareness and Prevention Allison Smith, Asian Association of Utah-Education and Outreach Specialist

Note: Recording was edited due to sensitive material.

• Session Four – June 10, 2020

- Welcome, Mindfulness Moment and Introductions Amanda Charlesworth, USBE-YIC Program Specialist
- Substance Abuse Prevention Clarissa Stebbing, USBE-Prevention
 Specialist
- Gang Involved Youth, One Caring Adult Away from Success Cecily Hallman, Granite School District-YIC Mentor

Note: No video presentation available due to technical difficulties.

• Session Five – June 24, 2020

- Welcome, Mindfulness Moment and Introductions Amanda Charlesworth, USBE-YIC Program Specialist
- Review of Trauma Informed Tools and Q&A Tanya Albornoz, USBE-Prevention Specialist
- Building Bridges with Division of Child and Family Services (DCFS) –
 Darcie Peterson, Department of Health Services (DHS)-Child Welfare
 Administrator

Note: No video presentation available due to technical difficulties.

2020-2021 School Year

• Session Six – September 15, 2020

- Welcome and Introductions Amanda Charlesworth, USBE-YIC Program Specialist
- Mindfulness Moment Julia Armstrong, USBE YIC-Educational Specialist
- Student Services Roles & Communication Jerri Sagers, USBE-School Counseling Specialist, Jeremy Barns, Department of Public Safety (DPS)-School Safety Liaison and Scott Eyre, Division of Substance Abuse and Mental Health (DSAMH)-School Based Mental Health Specialist
- Mentor Data Nic Shellabarger, USBE YIC-Educational Specialist & Amanda Charlesworth, USBE-YIC Program Specialist

• Session Seven – October 8, 2020

- Welcome and Introductions Amanda Charlesworth, USBE-YIC Program Specialist
- Mindfulness Moment Michelle Knight, USBE-Project Advancing Wellness and Resilience in Education (AWARE) Grant Manager
- Resilience in Young Children Jerri Sagers, USBE-School Counseling Specialist & Corby Eason, USBE-Prevention Specialist
- Preparing Students for Post-Secondary Success Kalee Crandall, USBE-Safe & Healthy Schools Specialist

• Special Session – October 21, 2020

- Welcome, Mindfulness Moment and Introductions Amanda Charlesworth, USBE-YIC Program Specialist
- Education Transition and Career Advocates (ETCA) Tasks Overview –
 Evyann Stinson, Provo School District-ETCA
- C&C Overview Jeff Sagers, Ogden School District-YIC Mentor, Ann Jones, Granite School District-YIC Mentor Coordinator and Amanda Charlesworth, USBE-YIC Program Specialist
- Passing the Baton Jennifer Gualtier, Ogden School District-ETCA
 Note: PDF of presentation available upon request. Please contact Amanda
 Charlesworth at amanda.charlesworth@schools.utah.gov.

• Session Eight – November 9, 2020

- Welcome, Mindfulness Moment and Introductions Amanda Charlesworth, USBE-YIC Program Specialist
- Motivating Students Ashley Lower, USBE- Safe & Healthy Schools Behavior Specialist
- Utah Family and Child engagement Tool (UFACET) Form Overview Tanya Albornoz, USBE-Prevention Specialist

Session Nine – December 9, 2020

- Welcome, Mindfulness Moment and Introductions Amanda Charlesworth, USBE-YIC Program Specialist
- Protective Factors Tanya Albornoz, C.S.W., USBE-Prevention Specialist
 Note: No video presentation available. Please attend a USBE Protective
 Factors Framework Overview Training.

Session Ten – January 13, 2021

- Welcome, Mindfulness Moment and Introductions Amanda Charlesworth, USBE-YIC Program Specialist
- SPED 101 Naté Dearden, USBE-Student and Family Rights Coordinator
- Agencies Working Together: Juvenile Justice Services and Schools –
 Jackie Chamberlain, Juvenile Justice Services-Public Information Officer
 and April Graham, Juvenile Justice Services-Office of Community
 Programs Program Director
- o Mentors working with Juvenile Justice Services USBE-YIC Team

• Session Eleven – February 10, 2021

- Welcome, Mindfulness Moment and Introductions Amanda Charlesworth, USBE-YIC Program Specialist
- o Section 504 Holly Bell, USBE-Equity Educational Specialist
- SafeUT Overview Ashely Pistello, SafeUT University of Utah-Project Administrator

Session Twelve – March 10, 2021

- Welcome and Mindfulness Amanda Charlesworth, USBE YIC-Program Specialist
- Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for Others – Scott Eyre, DSAMH-School Based Mental Health Specialist
- American Indian Information and Resources Dustin Jansen, Utah Indian Affairs Division-Director and Dr. Harold Foster, USBE-American Indian and Alaskan Native Educational Specialist

Session Thirteen: April 14, 2021

- Welcome Intro of Guest Presenters Amanda Charlesworth, USBE-YIC Program Specialist
- Mentor Tips and Tricks Heather Noorda, Granite School District-YIC
 Mentor
- Connecting Students to Opportunities in Adult Education Stephanie
 Patton and Danielle Pedersen, USBE-Adult Education Specialists
- Grief and Mentor Peer Support Cathy Davis, USBE-Prevention Specialist

• Session Fourteen: May 12, 2021

- Welcome Intro of Guest Presenters Amanda Charlesworth, USBE-YIC Program Specialist
- Mentor Tips and Tricks Heather Noorda, Granite School District-YIC Mentor
- Healthy Habits and Student Wellness Clarissa Stebbing, USBE-Prevention Specialist

• Session Fifteen: June 23, 2021

- Welcome and Mindfulness Amanda Charlesworth, USBE-YIC Program Specialist
- How to Help Youth Recognize Unhealthy Relationships Lauren Davis,
 Utah Valley Family Support Center-Prevention Specialist
- Mentor Tips and Tricks Heather Noorda, Granite School District-YIC
 Mentor

2021-2022 School Year

Session Sixteen: September 15, 2021

- Welcome and Introduction of Presenters Amanda Charlesworth, USBE-YIC Program Specialist
- Prevention Science Overview Clarissa Stebbing and Cuong Nguyen,
 USBE Prevention Specialists
- Prevention in Practice Tanya Albornoz, USBE Prevention Coordinator

Session Seventeen: October 13, 2021

- Welcome and Introduction of Presenters Amanda Charlesworth, USBE-YIC Program Specialist
- Restorative Practices Cuong Nguyen, USBE-Prevention Specialist
- Creating Cultures of Staff Wellness & Care for our Schools & Community Partners – Scott Eyre, DSAMH-School Based Mental Health Specialist

• Session Eighteen: November 10, 2021

- Welcome, Mindfulness Moment and Introduction of Presenters Amanda Charlesworth, USBE-YIC Program Specialist
- Overview of Trauma (Repeat topic) Tiana McCall, USBE-School Social Worker/School-Based Mental Health Specialist

Session Nineteen: December 8, 2021

- Welcome, Mindfulness Moment and Introduction of Presenters –
 Amanda Charlesworth, YIC Program Specialist
- Family Engagement Strategies Jessica Kallin, USBE-Family and Community Engagement Specialist
- 21st CCLC After School Programs Kamille Sheikh, USBE-Title VI-B & Charity Williams, Provo City School District-After School Specialist

• Session Twenty: January 19, 2022

- Welcome, Mindfulness Moment and Introduction of Presenters –
 Amanda Charlesworth, YIC Program Specialist
- o Brain Science Liz Rivera, Utah Foster Care-Director of Education

• Session Twenty-One: February 16, 2022

- Welcome, Mindfulness Moment and Introduction of Presenters Amanda Charlesworth, YIC Program Specialist
- Overview and Demo of DHS Educating Youth in State Care Website and Resources – Trina Valdez, DHS YIC Education Liaison
- Helping Students with Emotional Regulation Tiana McCall, USBE-School Social Worker/School-Based Mental Health Specialist

Session Twenty-Two: March 16, 2022

- Welcome, Mindfulness Moment and Introduction of Presenters Amanda Charlesworth, YIC Program Specialist
- o DCFS a Walk Through the System Eric Jenkins, DCFS-Western Region

• Session Twenty-Three: April 20, 2022

- Welcome, Mindfulness Moment and Introduction of Presenters –
 Amanda Charlesworth, YIC Program Specialist
- Human Trafficking Awareness and Prevention Nate Davis, Prevent Child Abuse Utah
- How to Respond to a Crisis Situation Cathy Davis, USBE- Prevention
 Specialist and Michelle Knight, Project AWARE Grant Manager

• Session Twenty-Four: May 18, 2022

- Welcome, Mindfulness Moment and Introduction of Presenters –
 Amanda Charlesworth, YIC Program Specialist
- Connecting students to community resources Clarissa Stebbing,
 USBE Prevention Specialist
- o Grit and Resilience Julia Armstrong
- Session Twenty-Five: Cancelled

2022-2023 School Year

• Session Twenty-Six: September 14, 2022

- Welcome, Mindfulness Moment and Introduction of Presenters –
 Amanda Charlesworth, USBE YIC Program Specialist
- o USBE Youth in Custody (YIC) Team Introductions
- Why, What and How We Mentor in Utah K 12 Schools Julia
 Armstrong, USBE YIC Education Specialist and Amanda Charlesworth
- o Utah C&C Data Project Benji Carrier, USBE YIC Coordinator

YIC Webinar Session Twenty-Seven: October 19, 2022

- Welcome, Mindfulness Moment and Introduction of Presenters –
 Amanda Charlesworth, USBE YIC Program Specialist
- o Suicide Prevention Cathy Davis, USBE Prevention Specialist
- DBT Skills Overview Tiana McCall, USBE-School Social Worker/School-Based Mental Health Specialist

• YIC Webinar Session Twenty-Eight: November 9, 2022

- Welcome, Mindfulness Moment and Introduction of Presenters –
 Amanda Charlesworth, USBE YIC Program Specialist
- o Bullying Prevention Pam Hayes, Stand4Kind
- o approx. 10:10am 11:00am = TBD

• YIC Webinar Session Twenty-Nine: December 14, 2022

- Welcome, Mindfulness Moment and Introduction of Presenters –
 Amanda Charlesworth, USBE YIC Program Specialist
- Restorative Practices: Compass of Shame and Affect Psychology Amy Steele-Smith, USBE Prevention Specialist
- Substance Use Prevention Refresher and Updates Clarissa stabbing, USBE Prevention Specialist

YIC Webinar Session Thirty: January 18, 2023

- Welcome, Mindfulness Moment and Introduction of Presenters Amanda Charlesworth, USBE YIC Program Specialist
- o CTE Pathways Jonathan Frey, USBE CTE Coordinator
- MIDAS Accounts: Why Mentors Want an Account and How to Access the Professional Learning Catalog – Juan Carlos Mejia, USBE-Educator Licensing
- Social Media Safety Michelle Knight, USBE Project AWARE Grant Manager

• YIC Webinar Session Thirty-One: February 22, 2023

- Welcome, Mindfulness Moment and Introduction of Presenters Amanda Charlesworth, USBE YIC Program Specialist
- Strategies for Family and Community Engagement Marie Steffensen,
 Utah State Charter School Board School Support Coordinator
- STEMCAP Overview and YIC Classroom Experience Dr. Rodolfo Probst and Laura George, University of Utah

• YIC Webinar Session Thirty-Two: March 15, 2023

- Welcome, Mindfulness Moment and Introduction of Presenters Amanda Charlesworth, USBE YIC Program Specialist
- Restorative Practices: Culture and Climate Cuong Nguyen, USBE Prevention Specialist

• YIC Webinar Session Thirty-Three: April 12, 2023

- Welcome, Mindfulness Moment and Introduction of Presenters –
 Amanda Charlesworth, USBE YIC Program Specialist
- o YIC and Special Education Facts Melissa Teemant, Utah Parent Center

• YIC Webinar Session Thirty-Four: May 10, 2023

- Welcome, Mindfulness Moment and Introduction of Presenters –
 Amanda Charlesworth, USBE YIC Program Specialist
- How to Collaborate with School Counselors to Support Student Success –
 Bethany Marker and Michelle Glaittli, USBE-School Counseling Specialists
- o Neuropsychology of Developmental Trauma Meghan Semenick, PYSD

2023-2024 School Year

- YIC Webinar Session Thirty-Five: October 18, 2023
 - Welcome back, C&C Data Study with Bellwether, Mindfulness, and Introduction of Presenters – Amanda Charlesworth, YIC Program Specialist
 - Division of Services for People with Disabilities (DSPD) Overview -Sherry DeVore, DSPD Specialist
 - 5-minute Mentor Activities Review and Updates Ann Jones, Granite
 School District YIC
- YIC Webinar Session Thirty-Six: November 15, 2023
 - Welcome, Mindfulness, and Intro. of Presenter Amanda Charlesworth
 - The Power of Data (Mentor Excel Training) Adam Little, USBE Adult Education IT Analyst
- YIC Webinar Session Thirty-Seven: January 17, 2024
 - Welcome, Mindfulness, and Intro. of Presenter(s) Amanda Charlesworth
 - TAL Workers: Why, What and Why Aubrey Myers Department of Health and Human Services (DHHS)
 - Second Topic To Be Announced
- YIC Webinar Session Thirty-Eight: February 14, 2024
 - Welcome, Mindfulness, and Intro. of Presenter(s) Amanda Charlesworth
 - Agenda to be determined
- YIC Webinar Session Thirty-Nine: April 17, 2024
 - Welcome, Mindfulness, and Intro. of Presenter(s) Amanda Charlesworth
 - o Suicide Prevention Updates Cathy Davis, USBE Prevention Specialist
 - o Second Topic To Be Announced
- YIC Webinar Session Forty: May 15, 2024
 - Welcome, Mindfulness, and Intro. of Presenter(s) Amanda Charlesworth
 - o Agenda to be determined