

2024-2025 Utah School Health Workload Report

Updated September 2025

Purpose

This annual report synthesizes aggregate data collected online from districts, charter, private, and parochial schools during the 2024-2025 school year. All districts and charter schools are required to submit this information per Utah Board Rule R277-415.

- Official number of enrolled students in public schools for which you are reporting health staffing numbers: 667,789.
- Percentage of students receiving free/reduced lunch: 193,572
- Percentage of students whose primary language is not English: 61,481

Local Education Agency (LEA) Information

Participation in the 2024-2025 School Health Workload Report	Districts	Charters	Private/	TOTAL
Total number of LEA participating in each category:	40	112	2	154
Total number of schools in each category:	899	147	3	1,049
Total number of students participating in each category:	587,553	81,541	1,478	670,572

LEA / SCHOOL POLICIES

4. Indicate whether your LEA/school has formal written policies for the following:

Sub Questions	Yes	No	Unsure
a. Health and Wellness policy	131	131	131
b. Medication policy	13	13	13
c. Administration of naloxone (narcan) policy	9	9	9
d. Administration of epinephrine (EpiPen)	138	138	138

Sub Questions	Yes	No	Unsure
e. Traumatic brain injury/ concussion policy	10	10	10
f. Is there a formal process to review and update health-related policies at least once every five years?	4	4	4

- 5. Total number of school sites with at least two CPR/ First Aid certified employees [R392-200-6(9)]: 148
- 6. Total number of schools with Automated External Defibrillators (AEDs): 1,028

Dispositions (Student Health Office Visits)

7. Report the total number of student health office visits for any health-related reason, including illness, injury, medication administration, mental health concerns, or screenings:

Sub Questions	Student returned to class	Emergency Medical Services (EMS) called	Student sent home
a. Number of student			
encounters/health office visits to	271,016	214	32,389
RN resulting in:			
b. Number of student			
encounters/health office visits to	583	2	1,256
LPN resulting in:			
c. Number of student			
encounters/health office visits to	643,379	422	176,947
health aid/clerk (non-RN/ office	045,579	422	170,947
staff):			

Medical Conditions

8. Students with certain medical impairments (see expanded definitions on last page): 87,977

Sub Questions	Number
a. Total number of students with health concerns:	66,167
b. Total number of medically complex students:	19,425
c. Total number of medically fragile students:	2,231
d. Total number of nursing-dependent students:	154

Adrenal Insufficiency

9. Answer the following questions for students diagnosed by a healthcare provider with adrenal insufficiency:

Sub Questions	Number
a. Total number of students diagnosed with adrenal insufficiency by a licensed healthcare provider (ever)	124
b. Total students with a 24-25 Adrenal Insufficiency Emergency Action Plan containing a medication order:	90
c. Total students with adrenal insufficiency that have an IHP/EAP:	80
d. Total students with adrenal insufficiency that have Section 504/IEP plans:	55
e. Total students diagnosed with adrenal insufficiency who were chronically absent (missed 10% or more of the school year), regardless of the reason for absence:	24

- 10. Total number of times stress dose hydrocortisone (oral tablets) was administered at school for a student with adrenal insufficiency: 43
- 11. Total number of times emergency hydrocortisone (injections) were administered at school for adrenal insufficiency: 2

Sub Questions	Number
a. Total number of times medication was administered by non-RN or school employee:	1
b. Total number of times medication was administered by school nurse:	4

Allergy - Anaphylaxis

12. Answer the following questions for students diagnosed by a healthcare provider with an anaphylactic allergy to anything:

Sub Questions	Number
a. Total diagnosed with an anaphylactic allergy by healthcare provider (ever):	10,744
b. Total students with a 24-25 Allergy and Anaphylaxis Emergency Action Plan containing a medication order:	4,756
c. Total students with anaphylactic allergy that have an IHP/EAP:	5,489
d. Total students with an anaphylactic allergy that have Section 504/IEP plans:	1,694
e. Total students diagnosed with anaphylaxis who were chronically absent (missed 10% or more of the school year), regardless of the reason for absence:	1,265

- 13. Does your LEA carry injectable stock epinephrine in all schools? Yes (109)
- 14. Where was the injectable stock epinephrine purchased for your LEA?

Sub Questions	Number
a. EpiPen 4 Schools:	83
b. Local pharmacy:	17
c. Online:	4
d. Other:	31

How long did it take to receive the EpiPen4Schools shipment?	Number
e. Less than 1 month:	6
f. 1-2 months:	14
g. 2-6 months:	38
h. More than 6 months:	23
i. Other:	5

15. In 2025, the Utah State Legislature passed House Bill (H.B.) 333S02, which distinguishes between injectable and nasal epinephrine. Enter the number of student-specific epinephrine orders in your LEA. If you are unable to differentiate between types, enter the total in the third row only (we understand some LEAs are still adjusting and plan to separate this data in the future):

Sub Questions	Number
a. Total number of individual student orders in your LEA for injectable epinephrine:	4,733
b. Total number of individual student orders in your LEA for nasal epinephrine:	12
c. Total number of individual student orders in your LEA for epinephrine if unable to differentiate between types:	1,212
Total:	5,957

- 16. Total number of staff members trained to administer injectable epinephrine (include general staff that are trained as well as student-specific): 24,236
- 17. Total number of times epinephrine was administered at school (by both lay staff and school nurses):

Sub Questions	Number
a. Injectable route number:	73
b. Nasal route number:	1
c. Unable to differentiate:	16
Total:	90

17.1. If epinephrine was administered at school:

Sub Questions	Number
a. Total number of students injected with epinephrine:	Own: 38
b. Total number of staff/visitors injected with epinephrine:	Own: 0

17.2. When epinephrine was administered at school, was it given to a student with a known diagnosis of anaphylaxis or during a first-time emergency?

Sub Questions	Number
a. Student with a known diagnosis of anaphylaxis:	60
b. Student experiencing a first-time anaphylactic emergency:	6
c. Unknown:	3

Asthma

18. Answer the following questions for students diagnosed by a healthcare provider with asthma:

Sub Questions	Number
a. Total diagnosed with asthma by healthcare provider (ever):	18,050
b. Total students with a 24-25 Asthma Action Plan containing a medication order:	5,820
c. Total students with asthma that have an IHP/EAP:	6,384
d. Total students with asthma that have Section 504/IEP plans:	2,423
e. Total students diagnosed with asthma who were chronically absent (missed 10% or more of the school year), regardless of the reason for absence:	2,611

- 19. Total number of students with orders for asthma rescue medication (student-specific): 6,139
- 20. Total number of times student-specific asthma rescue medication was administered for an asthma exacerbation: 12,280

Sub Questions	Number
a. By a non-nurse school staff:	10,188
b. By school nurse:	2,092

21. Dispositions related to an asthma exacerbation:

Sub Questions	Student returned to class	EMS called	Student sent home
a. Total number of students receiving their own student-specific asthma	8,076	20	850
rescue medication resulting in:			
b. Total number of students who experienced asthma symptoms at school and needed medication but did not have access to it:	440	10	174
c. Total number of students receiving stock albuterol resulting in:	106	1	7

22. Only include students who stayed at school and returned to class (not sent home or had EMS called). From the question above (21.i.), what happened next?

Sub Questions	Number
a. Total number of students who had medication brought to them at school:	390
b. Total number of students whose needs resolved without medication:	201

23. Total number of staff members trained to administer student-specific asthma rescue medication: 16,453

Asthma – Stock Albuterol (if applicable)

- 24. Total number of schools that carry stock albuterol: 85
- 25. Describe what type of medication devices the LEA uses to administer stock albuterol:

Sub Questions	Number
a. Total number of schools carrying stock albuterol for administration via inhaler:	87
b. Total number of schools carrying stock albuterol for administration via nebulizer:	2

- 26. The total number of staff members in LEAs who have been trained to administer stock albuterol: 442
- 27. Report the total number of times stock albuterol was administered during this school year. If possible, indicate how many were administered or assisted by a school nurse and how many by non-nurse school staff (The two numbers should add up to the total number of administrations):

Sub Questions	Number
a. Total number of times by non-nurse school staff:	42
b. Total number of times by the school nurse:	39

Diabetes

28. Answer the following questions for students diagnosed by a healthcare provider with type 1 diabetes:

Sub Questions	Number
a. Total diagnosed with type 1 diabetes by healthcare provider (ever):	2.516
b. Total students with type 1 diabetes with a 24-25 Diabetes Medical Management Plan (DMMP):	2,200
c. Total students with type 1 diabetes that have an IHP/EAP:	2,212
d. Total students with type 1 diabetes that have Section 504/IEP plans:	1,632
e. Total students diagnosed with type 1 diabetes who were chronically absent (missed 10% or more of the school year), regardless of the reason for absence:	502

29. Answer the following questions for students diagnosed by a healthcare provider with type 2 diabetes:

Sub Questions	Number
a. Total diagnosed with type 2 diabetes by healthcare provider (ever):	74
b. Total students with type 2 diabetes that have an IHP/EAP:	65
c. Total students with type 2 diabetes that have Section 504/IEP plans:	42
d. Total students diagnosed with type 2 diabetes who were chronically absent (missed 10% or more of the school year), regardless of the reason for absence:	45

- 30. Total number of individual student orders do you have in your LEA for glucagon: 2,061
- 31. Total number of times glucagon was administered at school (Indicate how many were administered by a school nurse and how many by non-nurse school staff. The two numbers should add up to the total number of administrations): 9

Sub Questions	Number
a. Total number of times administered by non-nurse school staff:	5
b. Total number of times administered by school	4
nurse:	

- 32. Total number of staff members trained to administer glucagon for a specific student: 3,790
- 33. Total number of staff members trained to administer glucagon (general staff training): 6,210

Mental Health Disorders

Mental health disorders for the purpose of this survey include ADD/ADHD, depression, anxiety disorders, oppositional-defiant disorder, mood disorders, schizophrenia, autism spectrum disorder, bipolar disorder, borderline personality disorder, dissociative identity disorder, obsessive-compulsive disorder, post-traumatic stress disorder, separation anxiety disorder, social phobia, Tourette's disorder, and eating disorders.

34. Answer the following questions for students diagnosed by a healthcare provider with a mental health disorder:

Sub Questions	Number
a. Total diagnosed with a mental health disorder by healthcare provider (ever):	23,215
b. Total students with a mental health disorder that have an IHP/EAP:	3,391
c. Total students with a mental health disorder that have Section 504/IEP plans:	12,334
d. Total students diagnosed with mental health disorders who were chronically absent (missed 10% or more of the school year), regardless of the reason for absence:	4,228

Myalgic Encephalomyelitis (ME)/Chronic Fatigue Syndrome (CFS)

35. Answer the following questions for students diagnosed by a healthcare provider with myalgic encephalomyelitis/ chronic fatigue syndrome (ME/CFS):

Sub Questions	Number
a. Total diagnosed with ME/CFS by healthcare provider (ever):	13
b. Total students with ME/CFS that have an IHP/EAP:	6
c. Total students with ME/CFS that have Section 504/IEP plans:	12
d. Total students diagnosed with ME/CFS who were chronically absent (missed 10% or more of the school year), regardless of the reason for absence:	11

Seizure Disorders

36. Answer the following questions for students diagnosed by a healthcare provider with a seizure disorder

Sub Questions	Number
a. Total students diagnosed with a seizure disorder by a healthcare provider (ever):	3,780
b. Total students with ME/CFS that have an IHP/EAP	2,168
c. Total students with ME/CFS that have Section 504/IEP plans	2,475
d. Total students diagnosed with ME/CFS who were chronically absent (missed 10% or more of the school year), regardless of the reason for absence	3,417
e. Total students diagnosed with a seizure disorder who were chronically absent (missed 10% or more of the school year), regardless of the reason for absence:	617

- 37. Total number of students with orders for a seizure rescue medication: 494
- 38. Total number of times seizure rescue medications were administered to a student:
 - a. Indicate how many were administered by a school nurse and how many by a non-nurse school staff. Total number of times administered: 97

Sub Questions	Number
a. Administered by non-nurse school staff:	62
b. Administered by school nurse:	35

- 39. Total number of school employee volunteers who received student-specific training to administer seizure rescue medication (excluding seizure awareness training): 1,701
- 40. Have all school staff who have contact with students with seizure disorders completed the seizure awareness training at least one time during the last 3 years, as outline in Utah law 53G-9-213? 121

Other Medical Conditions

41. Answer the following questions for students with a medical diagnosis from a healthcare provider for conditions other than those already listed (adrenal insufficiency, asthma, allergy, diabetes, mental health, ME/CFS, seizures):

Sub Questions	Number
a. Total number of students with a medical diagnosis other than those listed above from a healthcare provide:	15,075
b. Total number of students with a medical diagnosis other than those listed above that have an IHP/EAP:	6,094
c. Total number of students with a medical diagnosis other than those listed above that have Section 504/IEP plans:	4,690

Chronic Absenteeism

42. Enter the total number of students in your LEA who were absent for 10% or more of the school year, regardless of reason. Include students listed under medical conditions: 118,212

Sub Questions	Number
a. Total students diagnosed with adrenal insufficiency who were chronically absent (missed 10% or more of the school year), regardless of the reason for absence:	24
b. Total students diagnosed with anaphylaxis who were chronically absent (missed 10% or more of the school year), regardless of the reason for absence:	1,265
c. Total students diagnosed with asthma who were chronically absent (missed 10% or more of the school year), regardless of the reason for absence:	2,611
d. Total students diagnosed with type 1 diabetes who were chronically absent (missed 10% or more of the school year), regardless of the reason for absence:	502

Sub Questions	Number
e. Total students diagnosed with type 2 diabetes who were chronically absent (missed 10% or more of the school year), regardless of the reason for absence:	45
f. Total students diagnosed with mental health disorders who were chronically absent (missed 10% or more of the school year), regardless of the reason for absence:	4,228
g. Total students diagnosed with ME/CFS who were chronically absent (missed 10% or more of the school year), regardless of the reason for absence:	11
h. Total students diagnosed with a seizure disorder who were chronically absent (missed 10% or more of the school year), regardless of the reason for absence:	617

Medication

- 43. Total number of daily scheduled medication orders were on file during the school year: 3,355
- 44. Total number of PRN (as needed) medication orders were on file during the school year not including naloxone, epinephrine, glucagon, hydrocortisone, asthma, and seizure rescue medication (counted separately): 4,751
- 45. Total number of non-nurse staff members trained to administer daily scheduled medications: 3,694
- 46. Total number of non-nurse staff members trained to administer PRN (as in your LEA this school year: 4,148
- 47. Medication errors include missed doses, wrong medication, wrong student, wrong time, wrong route, expired medication, etc.

Sub Questions	Number
a. If you had medication errors, enter number of errors by a school nurse:	45
b. If you had medication errors, enter number of errors by non nurse/ school staff:	430

48. Enter the total number of medication injuries that occurred in your LEA this school year. Medication injuries include needlestick, sharps injury:

Sub Questions	Number
a. Number of injuries encountered during medication administration by school nurse:	2
b. Number of injuries encountered during medication administration by non nurse/school staff:	5

Naloxone

- 49. How many schools in your LEA carry stock naloxone? 663
- 50. Total number of times naloxone was administered at school: 2

Sub Questions	Number
a. Administered by non-nurse/ school staff:	1
b. Administered by school nurse:	1

51. Total number of non-nurse school staff members trained to administer naloxone: 8,456

Screening

Vision Screening

52. Answer the following questions for tier 1 distance vision screenings:

Sub Questions	Number
a. Total number of students receiving tier 1 vision screening:	310,646
b. Total number of students referred to an eye care professional following a tier 1 vision screening:	25,943
c. Total number of students seen by an eye care professional following a tier 1 vision screening:	7,760
d. Total number of students receiving treatment (including prescriptions for glasses/ contacts):	8,018

53. Answer the following questions for vision symptoms questionnaires and tier 2 vision screenings:

Sub Questions	Number
a. Total number of Vision symptoms questionnaire	
forms submitted for evaluation for a tier 2 vision	17,160
screening:	
b. Total number of students referred directly to an eye	
care professional in lieu of a tier 2 vision screening	1,575
(when no school nurse is available):	
c. Total number of students who received a tier 2	23,328
vision screening conducted by a school nurse:	23,320
d. Total number of students referred to an eye care	
professional following a tier 2 vision screening by a	3,015
school nurse:	
e. Total number of students seen by an eye care	1,376
professional following referral or tier 2 screening:	1,570
f. Total number of students who received treatment	
following referral and tier 2 screening (including	1,131
prescriptions for glasses or contacts):	

- 54. Total number of students receiving financial assistance for glasses or exam with eye care professional (VSP, Sight for Students, Friends for Sight, Lion's Club): 4,052
- 55. Please list the names of any external organizations that have provided follow-up care services at your school (in-school providers, vision vans, sight fests, etc.): N/A

Dental/Oral Screening

56. Answer the following in regard to dental/ oral screenings (school sponsored programs):

Sub Questions	Number
a. Total number of students receiving oral screening:	4,352
b. Total number of students receiving dental varnishing:	2,093
c. Total number of students receiving restorative dental services:	477

57. What is the total number of students seen by the school nurse with a dental emergency? 412

Hearing Screening

58. Who provides hearing screening for students in your LEA/ school?

1 2 3	
Sub Questions	Number
a. School nurse:	12
b. Speech pathologist:	89
c. Audiologist:	30
d. Other (specify):	18
e. We do not provide hearing screenings:	26

59. If school nurse provided hearing screening:

Sub Questions	Number
a. Total number of students screened for hearing by school nurse:	17,688
b. Total number of students referred to a hearing professional:	222
c. Total number of students referred who received treatment:	78

Telehealth

60. Do you utilize telehealth?

Sub Questions	Number
a. Yes – school to school nurse:	11
b. Yes – school to health care provider:	4
c. Yes – school nurse to health care provider:	5
d. No:	123
e. In process of implementing telehealth:	9
f. Other (please specify):	4

61. If not currently utilizing telehealth:

Sub Questions	Number
a. Are you interested in having access to telehealth	31
between the school and the school nurse?	31
b. Are you interested in having access to telehealth	
between the school and a healthcare provider for	44
urgent needs?	

Head Injuries

62. Answer the following concerning student head injuries:

Sub Questions	Number
a. Total number of signs and symptoms checklist forms completed in your school(s) during the past school year:	38,919
b. Total number of confirmed traumatic brain injuries	
(TBI) or concussions diagnosed by a qualified	1,015
healthcare provider (MD, OD, NP, PA)?	
c. For those with a diagnosed TBI or concussion, how	
many received written instructions from a qualified	571
healthcare provider detailing steps for returning to	3/1
academic activities or physical activities?	

Data Collection

63. Are you currently using student health data to identify the impact of school nurse interventions on student health and educational outcomes (i.e., improved attendance, test scores, grades, graduation rates)? Please specify.

Sub Questions	Number
a. Yes:	35
b. No:	115

Period Products

64. Period products are now required in all schools with students in 1st – 12th grade female and unisex restrooms and must be free of charge.

Sub Questions	Number
a. How many schools are in your LEA/ school are compliant?	873
b. How many schools in your LEA are not compliant?	171
c. How many schools in your LEA are in the process of becoming compliant?	63
d. How many vandalism attempts with period products occurred for the 2024-2025 school year?	9,104

Maturation

65. Who teaches maturation at your LEA (select all that apply):

Sub Questions	Number
a. School nurse:	55
b. Teacher/ staff:	60
c. Local health department educator:	12
d. Planned parenthood educator:	6
e. Other:	49

66. Where do the maturation materials come from (select all that apply):

Sub Questions	Number
a. Created by LEA:	76
b. Local health department materials:	35
c. Planned Parenthood materials:	7
d. Other:	59

67. What methods are used to teach your maturation program (select all that apply):

Sub Questions	Number
a. Video:	92
b. Slide show presentation:	58
c. In person presentation:	103
d. Virtual presentation:	24

School Nurse Data

67. School nurses are hired by:

Sub Questions	Number
a. LEA/ School (district/charter/private school) (specify):	84
b. Local health department:	11
c. Other (specify):	1

68. How are your school nurses funded (select all that apply)?

Sub Questions	Number
a. Minimum school program/weighted pupil unit (WPU):	28
b. Individual school budget:	55
c. Grant (federal, state, private):	26
d. Medicaid	9
e. Other:	13

Medicaid

69. Are any of your nurses (yourself included) paid for by Medicaid (e.g., 1:1 nurses)?

Answers	Number	
No	75	
Unsure	10	

70. Does your LEA use Medicaid to bill for school nurses?

Answers	Number	
No	75	
Unsure	12	

71. Does your school/district bill Medicaid for services other than special education?

Answers	Number	
No	75	
Unsure	12	

Immunizations

72. Do your school nurses administer childhood immunizations to students in the school?

Answers	Number	
Yes	9	
No	87	

73. Do your school nurses administer flu vaccinations?

Answers	Number	
Yes	14	
No	82	

Training

74. Total number of district/school staff receiving training from the school nurse on the daily management and emergency care needs of students with (please include student-specific and general staff training):

Sub Questions	Number
a. Asthma:	22,172
b. Anaphylaxis (to anything):	26,255
c. Diabetes:	18,260
d. Seizures:	22,664
e. Stop the Bleed:	9,920
f. Cardiopulmonary resuscitation (CPR)/automated external defibrillator (AED):	11,909
g. First aid:	15,504
h. Medication policy:	11,358
i. Other (specify):	1,569

75. Total number of students taught by the school nurse about:

Sub Questions	Number
a. Maturation:	26,343
b. Sex education:	3,148
c. Hygiene:	37,912
d. Handwashing:	42,885
e. Dental care:	26,953
f. Asthma	2,102
g. CPR/AED:	9,905
h. First aid:	5,943
i. Other (specify):	10,260

76. Total number of school nurses that are CPR/First Aid instructors: 195

Model of Practice

77. Answer the questions below for the model of practice in your LEA/school:

Sub Questions	Number
a. Registered Nurse (RN) (with no UAP or LPN	
assistance) provides direct care to students on a daily	19
basis (RN assigned to one building):	
b. RN + LPN or UAP team provides direct care to	7
students on a daily basis (RN assigned to one building):	/
c. RN provides direct care to students on a daily basis	
(RN assigned to more than one building with no LPN or	13
UAP/Health Aide covering when the RN is not present):	
d. RN + LPN team provide direct care to students on a	2
daily basis (RN assigned to more than one building):	۷
e. RN + UAP/Health Aide team assigned to the health	
office provide direct care to students on a daily basis	15
(RN assigned to more than one building):	
f. RN trains UAP/Health Aide (including secretaries) to	
perform routine procedures needed in the schools (RN	55
assigned to more than one building):	
g. Other (specify):	18

78. Total number of school nurses who have completed each level of education:

Sub Questions	Number
a. Doctor of Nursing:	0
b. Doctor in another field:	0
c. Master of Nursing (MSN):	35
d. Master of Education (MEd):	5
e. Master of Public Health (MPH):	2
f. Master in another field:	2
g. Bachelor of Nursing (BSN):	236
h. Bachelor in another field:	9
i. Associate of Nursing (ADN):	72
j. Associate in another field:	4
k. Diploma of Nursing:	6
I. Technical program certificate:	6
m. High school diploma or general education degree (GED):	16
n. Nationally Certified School Nurses:	20

School Nurse Staffing: Full Time Equivalent (FTE)

All health room staff are listed in the appropriate category. Each person is counted and listed only once.

Sub Questions	Registered Nurse (RN) FTE	Licensed Practical Nurse (LPN) FTE	Unlicensed Assistive Personnel (UAP) / Health Aides FTE
a. Total number of FTEs for administrative or supervisory school health services (no student caseload):	48.8	1	47.9
b. Total number of FTEs for those with an assigned caseload providing direct services:	239	1	64.7
c. Total number of FTEs for staff with special assignments (including medical fragile, Child Find, diabetes care, insulin):	103	6.5	59.7
d. Total number of supplemental/float staff FTE permanently hired to provide nursing services (ex. substitute nurses):	0.3	0	0.4
e. Total number of unlicensed assistive personnel UAP/health aide FTEs providing administrative support services to RNs or LPNs (not including regular school secretaries):			23.4