



Utah State
Board of
Education

Safe and
Healthy
Schools

PROGRESS MONITORING: MOMENTARY TIME SAMPLING

A FILLABLE DATASHEET FOR COLLECTING DATA ON STUDENT
BEHAVIOR

April 2024

INTRODUCTION

The following datasheet is intended for teachers, paraeducators, counselors, etc. who are engaged in measuring and collecting data on student behavior. It was extracted from the Utah State Board of Education's (USBE) technical assistance manual, [*Least Restrictive Behavioral Interventions: A School-Based Behavior Guide for Educators, Administrators, and Families*](#) (LRBI), which can be found on the USBE website on the Safe and Healthy Schools page.

Directions for how and when to use this datasheet can be found in "Chapter 5: Tiered Supports and Problem Solving" of the LRBI in the section "How Do We Measure Behavior?"

The datasheet has been made fillable for digital use but can also be printed and used with a pen or pencil.

DATASHEET G: PROGRESS MONITORING—MOMENTARY TIME SAMPLING

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|--|
| Behavior: |
| Definition: |
| Directions: Observe the student continuously and score one box every ___ seconds. Mark (+) if the student engaged in the specified behavior <i>during the last moment of the interval</i> ; otherwise, mark (-). |

| | Date | Time | Observer | Activity | Interval length | Interval type |
|--------|------|------|----------|----------|-----------------|---------------|
| | | | | | | Partial |
| Minute | :00 | :10 | :20 | :30 | :40 | :50 |
| 1 | | | | | | |
| 2 | | | | | | |
| 3 | | | | | | |
| 4 | | | | | | |
| 5 | | | | | | |
| 6 | | | | | | |
| 7 | | | | | | |
| 8 | | | | | | |
| 9 | | | | | | |
| 10 | | | | | | |

Percent of intervals scored (+): _____

| | Date | Time | Observer | Activity | Interval length | Interval type |
|--------|------|------|----------|----------|-----------------|---------------|
| Minute | :00 | :10 | :20 | :30 | :40 | :50 |
| 1 | | | | | | |
| 2 | | | | | | |
| 3 | | | | | | |
| 4 | | | | | | |
| 5 | | | | | | |
| 6 | | | | | | |
| 7 | | | | | | |
| 8 | | | | | | |
| 9 | | | | | | |
| 10 | | | | | | |

Percent of intervals scored (+): _____