

# Tools from Utah’s School Behavioral Health Toolkit: Collaborating to Address Mental and Emotional Wellness for School Aged Children

## Assessment of Needs Stage

<a href="#">School Mental Health Quality Assessment – School Version</a> .....	Pg. 11
<a href="#">School Mental Health Quality Assessment – District Version</a> .....	Pg. 11
<a href="#">School Mental Health Quality Guide: Needs Assessment &amp; Resource Mapping</a> .....	Pg. 11
<a href="#">Community Readiness for Community Change</a> .....	Pg. 12
<a href="#">Advocating for Comprehensive School Mental Health</a> .....	Pg. 12
<a href="#">Youth Thrive: Protective and Promotive Factors for Healthy Development and Wellbeing</a> .....	Pg. 13
<a href="#">A Roadmap for Building on Youth Strengths</a> .....	Pg. 13
<a href="#">A Guide to SAMHSA’s Strategic Prevention Framework</a> .....	Pg. 15, 71
<a href="#">Section 7. Engaging People Most Affected by the Problem</a> .....	Pg. 15
<a href="#">Resource Mapping in Schools and School Districts: A Resource Guide</a> .....	Pg. 17
<a href="#">Gap Analysis Worksheet</a> .....	Pg. 17
<a href="#">Joint Guidance on the Application of the <i>Family Educational Rights and Privacy Act (FERPA)</i> And the <i>Health Insurance Portability and Accountability Act of 1996 (HIPAA)</i> To Student Health Records</a> .....	Pg. 18, 62
<a href="#">SHARP Survey</a> .....	Pg. 18
<a href="#">The Importance of Disaggregated Data</a> .....	Pg. 18
<a href="#">Demystifying Data: Gathering and Using Local Risk and Protective Factor Data for Prevention</a> .....	Pg. 18, 44
<a href="#">Informing Prevention: The Effective Use of Epidemiological Data</a> .....	Pg. 18
<a href="#">Multi-Disciplinary School Mental Health Team Roles and Functions</a> .....	Pg. 20
<a href="#">Supporting Students for Success Meet the Team: Who’s Who is Student Responsive Services</a> .....	Pg. 20
<a href="#">Sample Resource Mapping Worksheet</a> .....	Pg. 21

## Building Capacity Stage

<a href="#">The Massachusetts Standards for Professional Development</a> .....	Pg. 27
<a href="#">Student Services Training Request Portal</a> .....	Pg. 27
<a href="#">Resolution No. 2021-01 Denouncing Racism and Embracing Equity in Utah Schools</a> .....	Pg. 28
<a href="#">Cultural Responsiveness</a> .....	Pg. 28
<a href="#">School Mental Health Quality Guide Mental Health Promotion Services &amp; Supports (Tier 1)</a> .....	Pg. 30
<a href="#">School Mental Health Quality Guide: Early Intervention and Treatment Services &amp; Supports (Tiers 2 &amp; 3)</a> .....	Pg. 30
<a href="#">School Mental Health Quality Guide: Impact</a> .....	Pg. 30
<a href="#">DATA-SHARING TOOL KIT FOR COMMUNITIES: How to Leverage Community Relationships While Protecting Student Privacy</a> .....	Pg. 31
<a href="#">Developing Measurable Program Goals and Objectives</a> .....	Pg. 32
<a href="#">Evidence-Based Practices for Coalition Building</a> .....	Pg. 35
<a href="#">School Mental Health Teaming Playbook: Best Practices and Tips from the Field</a> .....	Pg. 35, 59
<a href="#">Coalition Guide Resource</a> .....	Pg. 35
<a href="#">School Mental Health Quality Guide: Funding &amp; Sustainability</a> .....	Pg. 36
<a href="#">How to Get Started with School-Based Mental Health Services via Telehealth</a> .....	Pg. 37

## Planning Stage

<a href="#">Developing the Memorandum of Understanding (MOU) A Discussion Guide to Establish or Enhance MOU</a> .....	Pg. 42
<a href="#">Conducting Effective Meetings</a> .....	Pg. 43
<a href="#">Basic Guide to Conducting Effective Meetings</a> .....	Pg. 43
<a href="#">TIPS Meeting Minutes Template</a> .....	Pg. 43
<a href="#">School-based Mental Health Screening Program</a> .....	Pg. 47
<a href="#">School-based Mental Health Screening Grant</a> .....	Pg. 47

<a href="#">What is Well Being Screening?</a> .....	Pg. 47
<a href="#">School Mental Health Referral Pathways Guide</a> .....	Pg. 49
<a href="#">SAMHSA’s Concept of Trauma and Guidance for a Trauma-Informed Approach</a> .....	Pg. 50
<a href="#">Trauma Sensitive Schools Professional Development</a> .....	Pg. 50
<a href="#">Understanding Social Influencers of Health and Education: A Role for School-Based Health Centers and Comprehensive School Mental Health Systems</a> .....	Pg. 52

## Implementation Stage

<a href="#">Advancing Education Effectiveness: Interconnecting School Mental Health and School-Wide PBIS</a> .....	Pg. 57
<a href="#">Implementing School Mental Health Supports: Best Practices in Action</a> .....	Pg. 57
<a href="#">SMH Around Campus Teachers, School Staff, and School Mental Health</a> .....	Pg. 58
<a href="#">School Mental Health Quality Guide: Teaming</a> .....	Pg. 59
<a href="#">The Family Engagement Inventory: A Brief Cross-Disciplinary Synthesis</a> .....	Pg. 61
<a href="#">Family Engagement In Systems</a> .....	Pg. 61
<a href="#">SWPBIS Tiered Fidelity Inventory</a> .....	Pg. 64
<a href="#">Considerations for Effective Implementation: 5 Elements of Fidelity</a> .....	Pg. 64

## Evaluation Stage

<a href="#">Comprehensive Evaluation Planning</a> .....	Pg. 69
<a href="#">Nine Elements of Effective School Community Partnerships to Address Student Mental Health, Physical Health, and Overall Wellness</a> .....	Pg. 74