



Utah State Board of Education

CAREER DEVELOPMENT CREDENTIAL (CDC) POSTSECONDARY TRANSITION CURRICULUM RESOURCES

A UTAH STATE BOARD OF EDUCATION TECHNICAL
ASSISTANCE DOCUMENT

July 2026

INTRODUCTION

The Career Development Credential (CDC) ([Board Rules R277-705-4](#)) requires that students complete a class or curriculum that includes instruction in the following areas: self-advocacy, disability awareness & accommodations, career exploration, and workplace durable skills.

Below is a list of resources that Local Education Agencies (LEAs) can use to fulfill the requirement (this is not an exhaustive list).

CAREER DEVELOPMENT CREDENTIAL POSTSECONDARY TRANSITION CURRICULUM RESOURCES

SELF-ADVOCACY, DISABILITY AWARENESS & ACCOMMODATIONS

- [Utah Transition Elevated Website](#)
- [Utah State Board of Education \(USBE\) Self-Determination & Self-Advocacy Padlet](#)
- [Transition University](#) from Utah Parent Center
- [The 411 on Disability Disclosure Workbook](#) from the National Collaborative on Workforce and Disability (NCWD)
- [Whose Future Is It Anyway?](#) from the Zarrow Center for Learning Enrichment
- [Me! Lessons for Teaching Self-Awareness & Self-Advocacy](#) from the Zarrow Center for Learning Enrichment
- [Student-Directed Transition Planning](#) from the Zarrow Center for Learning Enrichment
- [I'm Determined!](#) from the Virginia Department of Education
- [Stepping Forward: A Self-Advocacy Guide for Middle and High School Students](#) from the Connecticut Parent Advocacy Center Inc.

CAREER EXPLORATION

- [You Science](#)

- [Pathful Explore](#) (contact USBE Postsecondary Transition Specialist for access)
- [My Next Move](#) from the U.S. Department of Labor
- [Career One Stop](#) from the U.S. Department of Labor
- [O*NET](#) from the U.S. Department of Labor
- [Explore Work](#) from George Washington University

WORKPLACE DURABLE SKILLS

- [Pathful Explore](#) (contact USBE Postsecondary Transition Specialist for access)
- [Job Readiness Workshops—USOR](#) from the Utah Department of Workforce Services Rehabilitation
- [Pre-Employment Transition Services](#) from the Utah Department of Workforce Services Rehabilitation
- [Soft Skills to Pay the Bills](#) from the U.S. Department of Labor