

Policy Requirements: Teaching Sex Education Topics

Requirement:

Law and policy training is mandatory for all new or newly assigned educators of sex education topics and must be renewed every three years. All health and certain CTE, science, and psychology educators must complete this training. CTE, science, and psychology teachers should complete this training if they teach eligible courses like Child Development, Health Science, Medical Anatomy, Human Development, Genetics, or any course with instruction on sex education as defined in [Utah Code 53G-10-403](#). The USBE offers a free online training which can be found on the [health education webpage](#).

A list of courses the USBE staff believe require law and policy training, linking to the standards, can be found below.

For questions and support please contact:

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Topics Requiring Training

If the course includes instruction on of the defined topics below, the educator must complete law and policy training, parents must be sent the approved Parental Consent Form, the instructional materials, guest speakers, and media need to be reviewed by the LEA Curriculum Materials Review Committee, and all materials, guest speakers, and media used are approved and adopted by the local board in an open and public meeting ([53G-10-402](#) and [R277-474-5\(4\)\(b\)](#))

(i) Sex education instruction or instructional programs means any course, unit, class, activity or presentation that provides instruction or information to students as outlined under Section 53G-10-403

- Adoption in accordance with 53G-10-404
- Chronic, infectious, and acute diseases and conditions of the reproductive system, including sexually transmitted infections and diseases (STI, STD)
- Information about contraceptive methods or devices
- Healthy dating practices, marriage, and parenthood, in accordance with the success sequence as defined in 53G-10-402
- Human development, including puberty and maturation
- Human reproductive anatomy and physiology
- Human reproductive process, including conception, fetal development, pregnancy, and birth
- Refusal skills as defined in 53G-10-402
- Sexual Abstinence

USBE staff-identified courses with standards meeting definition of sex education:

Elementary (5th grade required, 4th and 6th optional)

[Maturation Instruction](#)

Health Education

[Health I \(middle school\)](#) standards can be found on pages 40-42

[Health II \(high school\)](#) standards can be found on pages 47-49

Middle School CTE Courses

[Exploring Health Science - Middle school](#)

[Exploring Family and Consumer Sciences - Middle School](#)

High School CTE Courses

[Human Development](#)

[Health Science, Introduction](#)

[Individual and Family Relationships](#)

[Behavioral Health Introduction](#)

[Medical Terminology](#)

[Medical Anatomy and Physiology](#)

[Medical Anatomy and Physiology, Advanced](#)

[Emergency Medical Response](#)

[Emergency Medical Technician](#)

[Early Childhood Education 1](#)

[Early Childhood Education 2](#)

[Early Childhood Education 3](#)

[Child Development](#)

[Medical Assisting](#)

[Health Science Capstone](#)

[Personal and Family Finance](#)

[Nursing Assistant](#)

[Exercise Science/Sports Medicine](#)

[Surgical Technology](#)

[IB Sport, Exercise, and Health Science](#)

Science Courses

[Genetics](#)

[Human Anatomy](#)

Other Courses

[Psychology](#) - Social and Personality Pillar

Standards Areas

- Multiculturalism and Gender, content standard 2.1-2.3
- Motivation and Emotion, content standard 2.1

[AP Psychology](#) standard 3.6.A.8

Training

Law and policy training is required every three years for all educators giving instruction in any topic included in the definition of sex education per 53G-10-403. LEAs may opt for a live in-person or virtual training or direct educators to the USBE [online training course](#). Some LEAs have also adopted their own training which includes specific requirements and local policies.

For more information or support with educator training please contact Jodi Parker jodi.parker@schools.utah.gov